



# EXTREME BASEBALL PRESENTS

## EXTREME SUNDAY'S MINI CAMPS

**Sundays 2:00pm-4:00pm**

Glendale Community College-Glendale, AZ  
Ages 9 and Up

Extreme Baseball is proud to announce a great opportunity for any baseball player wanting to take their level of play to the next level! Come Join the Extreme Baseball staff of instructors and be a part of Extreme Sunday's Mini-Camps. EXB Mini Camps are designed to assist players in taking their skill sets to the next level; not only through instruction focused on the physical tools, but an equal emphasis on building the player's acumen for the game itself. Through small group training, and focused development, the knowledge and experience of our team of instructors will be passed along to the next generation of baseball players.

### **Camp Description:**

Players will be separated into age groups and will rotate through numerous stations supervised by instructors. These stations and drills are designed to develop sound fundamentals which will improve every aspect of their game.

### **Players will Receive:**

- 2 hours of quality baseball instruction
- Drill work to develop offensive and defensive skills
- An opportunity to meet and learn from current professional and colligate coaches and current/former professional players

### **Areas of Focus:**

- Rotational Hitting Philosophy
- Defensive Skills
- Enhancing Team Dynamics
- Sportsmanship
- Self Discipline
- Preparation
- Accountability



For more information and a list of the EXB Mini-Camp Instructors visit:

**[WWW.EXTREMEBASEBALL.ORG](http://WWW.EXTREMEBASEBALL.ORG)**



**EXTREME BASEBALL**

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